

Northern Marianas College
CURRICULUM ACTION REQUEST

Effective Semester / Session: Spring 2004

Type of Action:


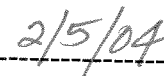



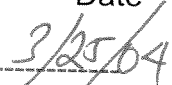
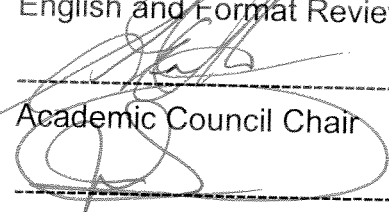



- New
- Modification
- Cancellation

Course Alpha and Number: PE 102

Course Title: Beginning Golf

Reason for initiating, revising, or canceling:

Course guide is being submitted for approval since there is no signed copy on file. The course guide has been modified to reflect changes in the department name and to fulfill the 3 year periodic review requirement.

	
Proposer	Date
	
Department Chair	Date
	
English and Format Reviewer	Date
	
Academic Council Chair	Date
	
Dean of Academic Programs and Services	Date

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Course: PE 102 Beginning Golf

1. Department

Human Performance and Athletics Department

2. Purpose

PE 102 provides a class in which students can learn the proper stroke mechanics of golf, the proper course etiquette and gamesmanship of golf, and how to keep score. Emphasis is on fundamentals of golf skills including rules, etiquette, and terminology.

3. Description

A. Required/Recommended Textbook(s) and Related Materials

None

B. Contact Hours

1. **Lecture:** 2 hours per week / 30 per semester
2. **Lab:**
3. **Other:**

C. Credits

1. **Number:** 1
2. **Type:** Regular degree credits

D. Catalogue Course Description

This course introduces students to the basic skills, rules and strategies of golf, including the fundamentals of putting, chipping and driving and course etiquette through drills and competition. Students are tested on rules and various techniques taught. English Placement: EN 073/074

E. Degree or Certificate Requirements Met by Course

This class fulfills the Physical Education requirement under General Education requirements for a Liberal Arts Degree.

F. Course Activities and Design

Classroom activities will include lectures and videotapes on golf skills, fundamentals, and strategies, and health related subjects, such as nutrition, stretching and proper warm up and cool down exercises. Other activities will entail the teaching of various golf skills, and the

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students will practice skills in different drills. The emphasis will be on stroke mechanics.

**4. Course Prerequisite(s); Concurrent Course Enrollment;
Required English/Mathematics Placement Level(s)**

Prerequisites: None

English Placement Level: EN 073 and EN 074 or higher

5. Estimated Cost of Course; Instructional Resources Needed

Cost to the Student: Tuition for a 1-credit course; instructional materials fee; golf lab fee.

Cost to the College: Instructor's salary

Instructional resources needed for this course include white board and white board markers, and television/VCR and videotaped programs.

6. Method of Evaluation

Student learning is evaluated on the basis of class participation, attendance, skill tests, and a mid-term written exam. NMC's grading and attendance policies will be followed.

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7. Course Outline

This is a topical outline and does not necessarily indicate the sequence in which the material will be presented.

- 1.0 Class Orientation
 - 1.1 Introduction to the game of golf
 - 1.2 History of the game of golf
 - 1.3 Care and selection of equipment and playing apparel
 - 1.4 Course etiquette
 - 1.5 Stretching exercises for golf
 - 1.6 Warm-up and Cool down
- 2.0 Ground Strokes
 - 2.1 Golf swing
 - 2.1.1. Grip
 - 2.1.2. Set-up
 - 2.1.3. Alignment
 - 2.1.4. Swing
 - 2.2 Chipping
 - 2.2.1. Grip
 - 2.2.2. Stance
 - 2.2.3. Swing
 - 2.3 Putting
 - 2.3.1. Grip
 - 2.3.2. Stance
 - 2.3.3. Swing
- 3.0 Introduction of Golf Play
 - 3.1 Scoring
 - 3.2 Strategies
 - 3.3 Rules
 - 3.4 Course position

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8. Instructional Goals

This course will introduce students to:

- 1.0 Knowledge of golf history, course etiquette, the rules, and the care and selection of equipment and playing apparel;
- 2.0 The three basic strokes: driving, chipping, and putting;
- 3.0 Two important strategies used in golf play;
- 4.0 Feeling better about themselves through participation; and
- 5.0 The benefits of physical fitness and health through participation in a round of golf.

9. Student Competencies

Upon successful completion of this course, students will be able to:

- 1.0 Demonstrate knowledge of golf history, course etiquette, the rules, and the care and selection of equipment and playing apparel;
- 2.0 Demonstrate the three basic strokes: driving, chipping and putting;
- 3.0 Demonstrate two important strategies used in golf play;
- 4.0 Develop a better feeling about themselves through participation; and
- 5.0 Understand the benefits of physical fitness and health through participation in around of golf.