# Northern Marianas College CURRICULUM ACTION REQUEST

Effective Semester / Session: Fall 2019

	Type of Action:  X —	New Modification Move to Inactive (Stop O Cancellation	ut)		
	Course Alpha and Nu	ourse Alpha and Number: RH215			
	Course Title: Introduc	Course Title: Introduction to Human Services			
	Reason for initiating, revising, or canceling:  This course has not been updated from Fall 2010. One significant change is the removal of RH200 as a prerequisite. There is also a change to the English placem EN101 to EN095, in order to match the ED211 English placement. Other changes modifications have been made to the Student Learning Outcomes, Assessment Measures, and format related changes.				
_	Jessé Pangelinan		6/21/19		
	Proposer		Date		
/	Roland Merar	£	6/24/19		
	School of Education Di	rector	Date		
	Adam Walsh	Who have	08.14.19		
	Language & Format Re	eview Specialist	Date		
	Ajani Burrell		88/19/19		
	Academic Council Cha	<b>ļ</b> r	Date		
	Charlotte Cepada	<i>-</i>	8/21/19		
	Dean of Learning & Student Success		Date		

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## 1. Department

School of Education

#### 2. Purpose

This course introduces students to human services as a profession and to the foundations of a generalist human services practitioner. The target populations are all students pursuing a Bachelor of Science degree in Education with a concentration in Rehabilitation and Human Services, teachers, parents, administrators, and any individuals seeking knowledge about the human services field.

## 3. Description

## A. Required/Recommended Textbook(s) and Related Materials

Required:

Woodside, M.R. & McClam, T. (2019). *An Introduction to Human Services* (9<sup>th</sup> ed.). Stamford, CT: Cengage Learning.

Readability level: Grade 10

Handouts on specific topics will also be distributed.

Recommended: N/A

#### **B.** Contact Hours

1. Lecture: 3 per week / 45 per semester

Lab: N/A
 Other: N/A

## C. Credits

1. Number: 3

2. Type: Regular degree credits

## D. Catalogue Course Description

This course introduces students to human services as a profession and the generalist human services professional. This course illustrates the diversity of populations and the interaction between helper and client, emphasizes the history of helping, the human services movement, current influences on human services (i.e. technology, managed care, etc.), models of service delivery, and ethical considerations. (Offered Fall and Spring)

## E. Degree or Certificate Requirements Met by Course

This course is required for the B.S. in Education with a concentration in Rehabilitation and Human Services.

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## F. Course Activities and Design

Class activities, design, and specific instructional methods will be at the discretion of the instructor teaching the course. Suggested techniques may include, but are not limited to, the following: lecture and interactive discussions, facilitated group discussions, problem-based learning/case studies, audio-visual and professional article reviews and reactions/reflections, group/individual presentations and scenario/role-playing, quizzes and exams.

## 4. Course Prerequisite(s); Concurrent Course Enrollment

Prerequisite(s): N/A

Concurrent Course Enrollment: N/A

## Required English/Mathematics Proficiency Level(s)

English Placement Level: EN095 Mathematics Placement Level: N/A

## 5. Estimated Cost of Course; Instructional Resources Needed

Cost to the Student: Tuition for a 3-credit course and the cost of the textbook.

Cost to the College: Instructor's salary

Instructional resources for the course include: textbooks, films, whiteboard and markers, projectors, laptop computer, extension cords, duplicating supplies and materials (for copies of handouts).

#### 6. Method of Evaluation

Students will be evaluated using but not limited to authentic assessment measures such as lecture with interactive discussion, facilitated group discussions, problem-based solving/case studies, audio-visual and professional article reviews and reactions/reflections, group/individual presentations and scenario/role-playing, quizzes, and exams. NMC's grading and attendance policies will be followed.

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#### 7. Course Outline

This is a topical outline and does not necessarily indicate the sequence in which the material will be presented.

- 1.0 Defining human services and its purpose
- 2.0 A historical explanation of human services
- 3.0 Human services today and the trends that affect the profession
- 4.0 Models of human service delivery
- 5.0 Clients and helpers in human services
- 6.0 Cultural competency and self-awareness
- 7.0 Generalist practice of the human services professional
- 8.0 The practice of human services and the helping process
- 9.0 Working within a human service system
- 10.0 Human services and ethical practices

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## 8. Instructional Goals

The course will introduce students to:

- 1.0 The purpose of human services and the various disciplines in the field;
- 2.0 The history of human services;
- 3.0 The current influences on human services;
- 4.0 The models used in the delivery of human services;
- 5.0 The diversity of consumer populations and common issues;
- 6.0 The roles of the human services professional;
- 7.0 The helping skills and intervention strategies;
- 8.0 The signs of stress and burnout and effective coping strategies to deal with the challenges of the profession; and
- 9.0 The important ethical and professional issues human services workers must face.

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## 9. Student Learning Outcomes

Upon successful completion of this course, students will be able to:

- 1.0 Explain the purpose of human services;
- 2.0 Report the history of human services;
- 3.0 Give examples of the current influences on human services;
- 4.0 Compare the models used in the delivery of human services;
- 5.0 Describe the social and cultural diversity of clients/consumers;
- 6.0 Describe the concept of burnout;
- 7.0 Discuss the various issues that clients may need help with;
- 8.0 Differentiate the roles of the human services professional;
- 9.0 Demonstrate the fundamental helping skills; and
- 10.0 Identify the ethical standards of the human services field.

## 10. Assessment Measures of Student Learning Outcomes

Assessment of student learning may include, but not be limited to, the following:

- 1.0 Written and Oral Reports;
- 2.0 Individual and Group Presentation;
- 3.0 Reflective/Reaction Essays;
- 4.0 Web/Library Database Assignments;
- 5.0 Quizzes and Exams;
- 6.0 Journal Entries; and
- 7.0 Case Studies/Case Analysis.